## Romance Land for Women

#### It's Right Here in New York, Says the Insurance Woman

\*Love still bears a part in dictating the sisters in a little New England town. The affairs of daily life," said a woman insurance agent who writes policies among her own sex, exclusively, and thus comes in congirls, though that did them little good in tact with all sorts and conditions of women. "There is plenty of romance floating around

girl were employed three years ago, that is, the girl had been in business life ten years or so. She was a heroic little soul, though few knew it. She was supporting not only herself, but a sister and brother-in-law. who had never earned a dollar, and would not have known how, took care of him. The breadwinning sister paid the bills, kept a cheerful cheek to the world and never

to hand fight with the wolf. Now the motherly widow in the office belonged to a queer little organization called the Christmas Guild. It was a little circle of women who each Christmas made it their business to give presents to people who otherwise would not get any at all. The gifts naturally went largely to the very

poor of the city.
\*One Christmas the widow came into possession, through a dealer, of a large package of Christmas cards. A Christmas eard is a rather useless thing, and the woman hardly knew what to do with them. Finally she hit upon sending them to personal friends, with the request that they be distributed, in accordance with the spirit of the guild, among persons who were not

likely to be remembered in any other way. The young woman in the office had a knack at writing verses-little jingles without too much rheumatism in their feet. The widow asked her to expend some of her talent on the Christmas cards. So she in scribbling the products of her genius in the blank spaces, and it happened that one to the provisions of the guild.

"After a while the girl who had written the verses got a letter from a ranchman man's wife, who gave the writer a good man turned up in New York. The girl for some years they would in all probareturned from the office.

he must be crazy to propose to a woman and she took the advice to heart. the first day he saw her. She accepted she started straight for Colorado, hop-him, however, a few days later, and now she ing to get a school. But just at that time

ama. She showed me the letter, and it she took a place as 'second girl.' cartainly was a queer one. The man re-called to her mind that he once had the the time of graduation she had been enpleasure of meeting her on a visit she had paid to a married sister in another city. He was a married man then, but had been a widower for three years. He had joined a colony of Northern people who had taken up a tract of land on Mobile Bay. had taken up a tract of land on Mobile Bay. He was making money and would like her for a wife. Would she accept the posi-

"The queer thing about it was that the girl could not remember ever meeting such a man. Neither his name nor his per-sonality had made sufficient impression on her to be retained in her memory. She maid became a professor's wife. wrote to her sister, however, and the sister gave a satisfactory report. So a correspondence was begun which resulted in the move was fatal to him. Had he remained at a distance he might have been able to

he had taken a seat she had made up her mind not to marry him. He was a gentleman and seemed to think highly of her, | ed but it was no use. She never got over won- exchange lessons in English for his own | tion ceremonies of Charles II. dering how it was that she made impres-

"And to make it more curious, she was net in the least good looking. She used to bemban her luck in a very funny way.

me a widow. And I couldn't take it. Just my luck!

She is married now, and though she didn't get any property with her man she never seems to regret her thriftless choice. "Some years ago I knew four maiden

oldest had passed the age of good looks, but the younger three were all beautiful

a country where the ratio of women to men was worse than 16 to 1. Two of the sisters | in East Fifty-ninth street. loose, right here under the shadow of the elevated. In fact, I think New York and in a dry goods store and the youngest was the far West bear the palm for romance in | in the high school. They had inherited the old family residence they lived in, and their bring painters and painters' models into \*In a certain business office in this city social position was, of course, very different a middle aged widow and a middle aged from what it would be in New York, for instance. But still their life was monotonous and nunlike to a degree unimaginable by one who does not know the environment.

"When the youngest of the four reached the self-supporting age she decided that The man was an invalid, and the wife, she wanted to see something of the world. After graduating from the high school she learned stenography, came to New York and got a place with a manufacturer in a of the models in the school were keenly city close by. Within a year she married let any one know she was engaged in a hand her employer. I saw her the other day. She bad on a Russian sable cloak which must have cost \$2,000, and that delicate, intellectual, New England type of beauty she had always had, set off by plutocratic trappings, had become positively patrician.

"As soon as she was married she sent for the next older sister to live with her. This | rule belongs to the serving class and from | this building. sister was even prettier, and she has made an even better marriage than the other. "I expect that, between them, they will

place the next older sister before long. These girls had the universal passport of beauty. All they needed was an environment in which there were a few men to appreciate it.

"A few years ago a wealthy woman in the attention, of such of her callers as had an eye to see, by her refinement and good breeding. After a while she disappeared, and her former employer was strictly noncommittal as to her whereabouts, saying nothing except to speak in the highest terms of her qualities. The facts of the employed her spare minutes for several days story came into my possession, and they were very interesting.

\*The girl had been graduated from one of package of those cards went to an old friend | the big Eastern colleges for women. She of the sender who was the wife of a cattle- had taken the course at the expense of man in Montana. The cattleman's wife strenuous sacrifices on the part of her scattered them among the bachelors in family, and was exceedingly anxious to the neighborhood, most of whom were become an earner at once upon her graduaproper recipients of the gifts, according tion. She was well fitted to step at once

into a good pedagogic position. "But at the very moment of graduation, coming under the care of a physician, he in Montana. It came through the cattle- | told her the sad news that her lungs were in very poor condition. They were not character. A correspondence was begun diseased, he said, and if she could go which lasted several months. Then the directly to a proper climate and live in it found him at her home one night when she | bility become perfectly sound, but that by remaining where she was for the next few "He proposed the same evening, to the years she risked tuberculosis. There were honest surprise of the girl, who told him tendencies to tuberculosis in her family, many antique pieces that attract both

lives on a big ranch with a Chinaman in | there was a serious agitation in that State the kitchen and a good horse to rice. Here over the risk to children of employing so I do not claim that they are as old as the next door neighbor is several miles away, many Eastern consumptives in the schools. world, but they are certainly as old as but she doesn't seem to find it lonesome In response to the searching questions of soup," after which it is easy to believe or to regret the change.

In response to the searching questions of soup," after which it is easy to believe each board of education to which she aptractions of the last five or six centuries no "I knew another middle aged girl engaged | plied, her story would come out, and she | self-respecting family, of however humble in dollar chasing in New York who one day | could get no school. Rather than remain | station, but could boast at least one spoon | century the handles showed a still further received a letter from a man down in Ala- a burden upon her family for another day, to its name, whether of silver, pewter,

"It was a pretty sad time for her. engagement. The man, however, who was a thoroughbred, refused the release. He wrote her to hold on, to get as much outdoor life as possible, build up her health, and eventually they would work out the problem. Two years later he stepped into a professor's berth in a college in the Middle West. The raw was not histocratic, but it.

"But the most curious marriage that the insurance woman, "occurred right here man making a trip to New York. But the in New York only a few weeks ago. No nt a distance he might have been able to marry the girl by proxy, but the first sight of him settled his case.

"She told me she conceived a repulsion for him ou the threshold, and by the time he had taken a seat she had made up her eye to saving money and acquiring materia at the same time, she cast about for an educated Italian with whom she could

some man who knew no English whatever some man who knew no English whatever, since as soon as they knew any English at all they would practise it on her all the time. In the course of this procedure she man was twenty years older than I and would surely have had the decency to make widow. And I couldn't take it. Just

and when a friend of his invited him to call on an American lady who was interested in green Italians he was quite willing.

"By the time the ship was ready to leave he had decided that he would resign and see if he could get a job in America. He got the job and they were married this winter."

## ARTISTS' MODELS ARE BETTER OFF NOW

And That Is Largely Due to the Only Art Workers' Club for Women in the World---An Organization Planned by New York Women.

next fall and subsequently establishing she is not a success.

others in Chicago and in Philadelphia. "A model's work Furthermore, the club is dreaming of a day, not very distant, when it shall erect a studio building for women artists.

pretty well for an organization which was started half a dozen years ago in one room

The club owes its origin to a desire entertained by Miss Helen S. Sargent, then a student at the Art Students' League, to sympathetic relations on a common social basis. Her experience at the art school showed her that art students were inclined to be indifferent to the welfare of the women who posed for them; that as a general thing painters and sculptors, of either sex, had ittle consideration for their models, and that the public in general failed to understand that posing by models was absolutely essential to art. She saw, too, that many conscious of the lack of sympathy between the artists and themselves.

Miss Sargent went to work to remedy matters, and the club was the result. "The American model," said the superin-

tendent of the club to a SUN reporter, "is very different from the average model one sees in older countries. The latter as a one standpoint is a social outcast. In Paris there are hosts of women who will se for a square meal.

"In New York it is different. America democratic principles characteristic of our recognized that the model has an important rôle to fill in the making of a picture and Denver had a housemaid who attracted that just in the degree to which she consecrates herself and her best powers to art will she elevate art and her own character.

"During the last half dozen years there has been a great improvement in this class of art workers, for the reason perhaps that painters demand more and more of a model. used to be the exception to find a model that was more than flesh and bones, whereas now young women of refinement, intelli-

usual reason a girl chooses it is that the law of natural selection sends her to the \$4 or \$5 a week. This department also studios. She is urged along by an artistic The club now has as members 350 painters | instinct which must be gratified. Her eye and sculptors and models. That is doing and hand are not trained to pursue art, therefore she must pose in order to get into

an art atmosphere. "We have models in the club who are paying their way through the Art Students' League by posing . One of these is a Swedish girl who speaks little English and who. Is free to the members and their gue to just as soon as she struck New York, wan-

dered to the studios looking for work. \*Of the 150 models who belong to this club, I know of none who is not thoroughly in earnest. I have been amused now and again at curious minded visitors of the ery, part of which, I think, is a good meal other sex who put in an appearance every once in a while at afternoon tea, which is a feature of the club, evidently expecting see sirens and Venuses willing and anxious to be whisked off in a hansom for a lark. No, the girls they actually meet don't whisk worth a cent, and the visitors

go off disappointed and alone. Besides the 150 models the membership includes 200 painters, three sculptors and nearly 100 associate members-well known people whose annual dues of \$5 do a lot to keep up the financial end of the club and | rent of that room; the restaurant clears have been the means of helping us into

"We moved here really eight months ago, but it is only within the last few weeks that | and her assistant, who is also bookkeeper." we started the restaurant and increased short notice for a painter in need."

The club's home is a four story browndisposal of the members every day and come from it shall be \$300 a year. evening in the week. The parlor floor includes two large connecting rooms cosily furnished and an office, the latter decorated | charge; outside artists' pay an annual fee with photographs of most of the models of \$2. who belong to the club, a feature which

gence, often of strong character, take up of years ago by the gift of a few evening Hyde, assistant secretary; Miss Ida Knapp, gowns. Now it represents more than one treasurer.

The only Art Workers' Club for Women | "Nowadays the painter wants tempera- | hundred costumes, comprising Greek and in the world, whose home is 124 West ment, charm, atmosphere, as well as flesh Roman draperies, European peasant, Fifty-eighth street, has been such a suc- and bones in his model. The commercial national and historical dresses and all cess that plans are under consideration girl is all right to pose for the camera or sorts of fancy costumes which are lent for opening a similar club in Boston early for illustrations, but for a painted picture or rented to members at the nominal price of 50 cents or \$1 a week, or a few cents for "A model's work is not easy, and the one hour or part of a day. To get the same thing at a second hand dealer's would cost contains draperies for backgrounds and various musical instruments, headgear and footwear, flowers, feathers and fans of

many periods. In the restaurant breakfast or luncheon costs 15 cents and dinner 25 cents. Afternoon tea, by the way, served in the rear clubroom on the main floor every a turnoon

"Why, certainly the restaurant pays, said the superintendent. "This is not a charity. There is a practical side to art just as there is to anything else. Anartist can't do good work without propermachinoccasionally.

"In this club the management undertakes to help the artists on the practical side of things, leaving them free of care by providing meals as cheaply as they can do it for themselves in their own rooms.

'Don't bother about making a pudding, I tell the girls. 'Make pictures. That's

ur business just now.' "Before long we hope to have the club entirely self-supporting. As it is, the returns from the costume bureau pay the expenses, and the dues, which are only \$2 a year to artists, pay the working forcethree servants, a janitor, the superintendent

By the generosity of Miss Grace Dodge, the scope of the costume bureau until we Mrs. Andrew Carnegie, Mrs. Archer Huntis establishing an art of its own and on the are even prepared to make a costume at ington and Mrs. James Alexander the rent of this building is guaranteed for one year, and there is an endowment fund of \$1,046.25 stone house, all of which, except the top | given by Miss Elizabeth W. Roberts, which floor, which is rented for studios, is at the it is her intention to increase until the in-

Artist members have the benefit of the employment bureau for models free of

The officers of the Art Workers' Club facilitates a choice by an artist who applies for Women are: Miss Sargent, president; The costume bureau, the only thing of Howland, vice-presidents; Mrs. John W. the kind anywhere, was started a couple Alexander, secretary; Mrs. William H.

### TREASURES IN OLD SPOONS. English Goldsmiths' Company."

\$3,450 WAS PAID FOR ONE NOT SO VERY LONG AGO.

Set of Ancient Apostle Spoons Presented at Christenings Sold for \$24,500 All Sorts of Interesting Things

in Speon Lore-Some Rare Specimens. There is a widespread and growing inerest in all old silver, but perhaps of the the amateur and the collector with equal

fascination there is none that has a greater charm than the old silver spoon. A French scholar says, "Spoons are old.

the next step toward the spoon of to-day. It is from the wooden spoon that the word | cup. is derived, as the old English word "spon" meant a small piece of wood.

Moses to make spoons of gold for use in be seen in the British Museum spoons which certainly were used in the early days of Christianity, besides others found in the ruins of Pompeii and Herculaneum.

been used to anoint kings from that time to the present day. The spoon with which Edward VII. was anointed by the Archhop of Canterbury is at least six hundred years old, and has been used for the purpose of anointing the kings of England ever since it was remade for the corona-

tion ceremonies of Charles II.

Another spoon of great antiquity is the "Pudsey Spoon," given by Henry VI. to his friend and protector, Sir Ralph Pudsey in 1445, at the time when he was concealed in Sir Ralph's house after the battle of Hexam. This spoon has the pear shaped bowl of the usual form of all ancient spoons previous to the Restoration: the handle is octagonal and at the end is flattened out to there is a third set of eleven. This is of form a seal, on which is carved the King's g badge, a single tose. Inside the bowl, near the shaft, is the hall mark of the thirteenth century sterling silver, a leopard's a head, and on the back of the bowl is the mark of the maker, a heart in outline.

This spoon is the most ancient known piece of silver in existence that bears the indisputably authentic hall mark of the

All the earliest spoons have pear shaped bowls. It was not until the latter part of the seventeenth century that they began to elongate toward the egg-shaped spoon

century all spoons were large and closely resembled the soup spoon which has been in use for the last five or six years, the bowl being very deep The handles of the early specimens were straight and rather heavy, but about the

of the present time. Up to the seventeenth

time mentioned their shape was entirely changed; the stem and handle became flat and broad, and at the extremity was divided into points, or scallops, and slightly

teaspoons were made as small as the afterdinner coffee spoon of modern times, but as the art of making them advanced they became larger and larger, until they attained their present size

change, in that where the sides were straight or even wood.

That spoons are the direct lineal decame slightly undulated. At this same of a spoon, together with the position of the date of a spoon, together with the position of the date of a spoon, together with the position of the date of a spoon, together with the position of the date of a spoon, together with the position of the date of the dat they had curves, and the shaft itself bescendants of the shell and horn scoops time were also seen some innovations, the maker's mark, it is necessary to know with which our ancestors were wont to in the shape of spoons for specific purand also of the spoon of wood, which was spout of a teapot, while the bowl was for the removal of floating tea leaves from the

This was undoubtedly the forerunner of the teastrainer. Another spoon was That metal spoons were used in Biblical the snuff spoon, and besides this the marrow days is certain, for in Exodus the Lord tells spoon made its appearance. This first marrow spoon was a crude affair indeed, the Tabernacle, and to-day there are to but it was not very long before it reached the form in which it is seen even nowadays, that is, with the two ends of different sizes, one for the large bones and the other for the very small ones.

Anointing spoons are as old as the time when Nathan, the prophet, anointed Solowas an English custom at that time sponsors to give these spoons to the chil-dren for whom they made themselves re-sponsible as baptismal gifts. A wealthy sponsible as baptismal gifts. A wealthy godparent gave a complete set of thirteen, but a poor one generally contented himself with but one, that having on it the figure of the child's patron saint, to make up for the lack of the others. The complete set had a Master spoon, and twelve others, the

1767 in one case and 1626 in the other. This last set is especially unique in that every spoon in it was made in the same year and by the same maker. The oldest ball marked Apostle spoon that is known is dated 1493, that date being determined by the hall mark on the bowl, a shield, with a crowned star in the centre.

spoons will be understood when some of the prices paid for them are known. One set sold in 1903 for \$24,500, while another, of less ancient date, brought \$5,300. A single Apostle spoon, bearing on its handle a figure of St. Nicholas and on the stem the inscription, "St. Nicholas, pray for us," sold in London five years ago for the unheard of sum of \$3,450, the most exaggerated price ever paid for a single spoon so far as can be ascertained.

The most modern Apostle spoon of which there is any record bears the date 1665. It is believed that about that period the custom of giving them as presents at baptisms began to wane.

straight and rather heavy, but about the time mentioned their shape was entirely changed; the stem and handle became flat and broad, and at the extremity was divided into points, or scallops, and slightly turned up.

When this great change first began teaspoons were made as small as the afterdinner coffee spoon of modern times, but as the art of making them advanced they became larger and larger, until they attained their present size.

Again, at the beginning of the eighteenth century the handles showed a still further change, in that where the sides were straight they had curves, and the shaft itself became larger in that where the sides were straight they had curves, and the shaft itself became larger in that where the sides were straight they had curves, and the shaft itself became larger in that where the sides were straight they had curves, and the shaft itself became larger in the straight they had curves, and the shaft itself became larger in the extremity was countered to the first was mode, and as this is one of the important things in determining the date.

Other spoons of interest, though not of such great antiquity, are the little "caddy spoons" which made their appearance when the drinking became fashionable more than two hundred years ago. All of these spoons have very short stems and handles, with bowls of some fanciful design, some perforated, but the majority shell shaped and fluted. A few were made like miniature scoops, with handles of ebony, and some others were perfect imitations of leaves, the handle being formed by the leaf stem curling around into a ring.

The hall mark on a spoon has varied in position with almost every century since the first was made, and as this is one of the important things in determining the date.

what year each change was made in with which our ancestors were wont to convey fluid food to their mouths, would seem a safe assumption. Many examples of these ancient spoons are seen in museums of these ancient spoons are seen in museums. the eighteenth century; then they removed to the other end of the t was not until the beginning of the nineteenth century that they were again put at the end of the handle nearest the bowl,

In the fascinating study of old spoons it is interesting to note the growth of the patterns that are in use to-day from the crude, and yet not at all unbeautiful, designs of the early examples. In many cases the modern patterns are adaptations of the old English hall marks put on pieces of plate by their makers hundreds of years ago, or by the ancient Goldsmiths' C pany which has been responsible for weight of silver in England since the thir-

Two of the patterns with which we n erns are most familiar are the "fiddle head," the plain stem with a sharp, angular shoulder on each side, and the more ornate King" pattern, with its curves and con-centionalized shells. Both of these patterns are more than a century old, but, with only the very slightest alterations, are exactly the same in the spoons made to-day as they were when they first appeared.

Farmers' Wives and Telephones

From the Nebraska State Journal. telephone, because they would take away where, will have further cause of complaint delivery telephone stamp brings about any

practical results.

The telephone stamp is a stamp that is to be attached to letters when desired, which gives the postmaster authority to open the letter and telephone its contents to the person addressed. When things are finally so arranged that the farmer's wife can send her ears and butter to town by mail and have the eggs and butter to town by mail, and have the goods they pay for sent out by rural free de-livery, her only protection will be to go to church on Sunday, and by that time they may be preaching by telephone.

Vantines

Oriental Rugs.

An Opportunity Worth Noting. Exceptional reductions made on a large number of Oriental Rugs will prove a saving to purchasers of these Floor Coverings of from 25 to 33% per cent. For One , Week Only.

Shirvans (good quality) size averaging 3x5 ft., - -Daghestans (soft tones), size average 36 x5 ft., Guendj and Mosul (large size) - - - - \$16.00 Fine Antique Persians, - - \$25.00 to \$50.00 Fine Large Cashmere Carpets (6x86 to 86 x 12 ft.), - \$38,00 up 50 Large Oriental Rugs suitable for Parlors, Libraries and Dining Rooms (sizes from 6x9 to 136x156 ft.) \$25.00 to \$165.00

A. A. Vantine & Co.

Broadway, Bet. 18th and 19th Sts.



\$100.00 CASH

FOR A SHORT STORY-SEE APRIL

TOILETTES

Toilettes Fashion Co., 172 FIFTH AVE., Cor. 22d St., New York.

IMPORTED, CRINOLINE, PAPER, MODELS

TOILETTES paper patterns are exclusive, practical and materials, dress accessories made by leading manufacturers.
Thousands of dressmakers from all over the country, society's best women and home dressmaking use Toilettes patterns and are constant visitors at our exhibition a GIRLS—just see them and Junior Teilettes will surely win you.

TOILETTES FASHION CO.,

172 Fifth Avenue, cor. 22d St., New York

Just Out-LATEST EDITION of TOILETTES and JUNIOR TOILETTES. All Booksellers.

Old Merchants and a Fourteen-Year-Old—Lads Who Can Fight for Their Rights—A Misguided Man Intervenes.

was over, and these joined the ring which quickly surrounded the fighters.

The big fellow fought, though not with great z<sub>3</sub>st, but the little fellows pitched

of one spectator who had been watching a newsboys' fight in Printing House Square and the action of an evidently well intentioned person of middle age who had broken through the ring of spectators surrounding the boys and stopped the scrap, and it seemed at least possible that if the man who had thus interposed had known the origin of the struggle he would have let the boys fight it out.

It is common for small newsboys, friends, to work in couples, taking stations in the street a few feet apart, one trying to pick up customers that the other misses. Like bigger newsboys the little fellows have to stave off intruders who would come in and try to do business in the territory they have preempted.

Two small boys, partners, each 10 years old, or maybe a little more, had taken stations about ten feet apart, in the square by the busy crossing just south of the Franklin statue. Passing one of the two small boys who stood nearer the statue came a much bigger boy, a boy of 14 or thereabouts, but not a newsboy, who, as he went by, made a grab at the small newsboy's where above his shoulders by striking out straight from their own, so they had to strike up at an angle to do that—they were activity and agility, sailing into him in great shape from all sides. And while damage, any more than he did them—for none of them was big enough or could punch hard enough for that—the little fellows hard enough for that—the little fellows had to out straight from their own, so they had to out straight from their o papers. It was the act of a big, strong, The farmer's wife who opposed rural free lawless boy who thought he could take delivery, and later the introduction of the advantage of the little fellow, and simply went ahead and did it, regardless of the

small boy's rights. He thought he was big enough to get away with it.

The small boy's arm instinctively and automatically closed on the papers held under it, but the big boy got his hand on one and tore a way half of it, with which he started on.

bid the small boy statut for this despon-ing by a boy big enough to eat him up? Why, the idea never even crossed his mind. He let go of all his papers, dropped them right where he stood and made for the big fellow and came up with him by the state

UNDER BEN FRANKLIN'S NOSE, into him on the spot. And his small side partner, ten feet down the row, who had heard or seen the beginning of the ruction and like the first one had dropped his papers where he stood, was by his side in a moment, and then the two little fellows sailed into the big one together.

Friendly newsboys had promptly picked up the papers that the two boys had dropped, to hold on to and return them after the fight

into the big one with all the strength they could command. To them it was a matter of great importance to win, and they thought they had good cause for fighting. They may not have reasoned it out at all, but they knew they had to fight at the drop of the hat, and fight big boys as well as little, if they were going to do business there at all This same big boy might come along the next night and grab again. They had to fight or quit, and they never thought of

The dusk was growing when the fight began and the lights were coming out along Park row. Two cops over on the Park side, seeing the crowd forming near the statue, came over to inspect it, but they did not come in a hurry; maybe they knew exactly what was happening and didn't want to be disturbing. The two small boys utilized every minute of the time and made things as warm for the

big fellow as they could.

They couldn't reach the big one anywhere above his shoulders by striking kept the big one very busy, and though the fight was never fought to a finish, it is probable that they had already fully convinced him that it would be well for him to keep away from them in future.

And then the fight was broken up by the newcomer on the scene, who hated to see boys fight, and who was described by the quoted spectator as "a misguided man."

Women's Tronsers at Hyderabad.

From the London Dally Mall. of one of the noblemen of Hyderabad, in the Decan, I was surprised to find the Begum and bet ladies dressed in tight fitting trousers made of rich damask silks. It being the fashion to have these trousers as close fitting as possible, they are actually sewn op, and are taken off and changed about once a fortnight.

To walk young walk erect. Bring the

or as nearly so as you can. Lift the chin Throw back the head. Raise the eyes Breathe deeply. And don't mince." And in addition to these rules a man

who teaches walking to the debutantes of

the 400 says:
"Learn body balance. Stand on one foot

sovera! hours each day. You will never walk well if you do not learn to halance

yourself.
"Swimming girls always walk well. They

# HERE IS A WOMAN WHO HAS LEARNED THE SECRET OF BEING EVER YOUNG

was sunning herself in the sun parlor of a If you look old, that is the point of view winter resort. "You cannot tell. Nor can from which to realize the fac-

my age. I do not do it by legerdemain. I shoulders and hunched up in the belt line. do it by actualities.

"Here am I, a woman of uncertain years, locks looking a great deal younger than I really am. And when I am ten years older I expect to look a great deal younger still. It is all a matter of learning how to look

"Here, offband, are a few of my rules. They are not set and absolute, but they old women. You can generally gauge a do as a sort of guide.

\*Dress younger than you are. Never dress older. 'Never wear old ladies' clothes, no matter

wraps and shawls and easy chair gowns. Keep your figure young. You cannot hope to look young if your figure is old.

"Beware of what Kate Field called the I have learned the secret of disguising middle aged figure. It is round in the You can still force your lips to smile.

for a time. But you can't keep on fool- be. ing people in such a matter. You must "Take care of your hair. Straggly hair woman if your teeth are neglected. let them see you in your real light sooner goes with old age. Old people forget to shampoo and they give up waving their in your manner. Old people are tired all back.

> "Don't let your hands get bony. Bony exercises and massage and get rid of that fingers belong to the aged. Keep the awful tired feeling. knuckles plump by the use of a plumping

"Watch your boots. Flat old shoes, sloppy and unattractive, are affected by to follow, judging by the number of women and even smart in her figure. woman's age by the looks of her heels. Beware of hobbies.

"Don't be too opinionated. Don't have how old you get to be. Forget caps and Be changeable. Be youthful and ready. Young people are never set in their ways. \*Take care of your expression. The look

"Keep your teeth nice. Old people are There is a certain relypoly look about apt to neglect them. Nice white teeth are \*Legerdemain and hoodwinking may do the woman who is older than she cught to the property of every attractive young \*Sit up straight, walk erect and be brisk

> "Don't act old if you want to be woung. These are simple rules and there is nothing strange about them. But they are hard who do not follow them. Yet all women

> the time. If you feel tired, take walking

want to look young.

of settled sadness comes over most faces at | good time. And to my sorrow I found her | part. When you look in the looking glass, gaze 40. Though you are 80, force your lips to in tears. 'I look old,' said she, 'and people

your teeth be false and your cheeks flabby. I had made of my final estate. Oh, it is to her. awful-this being an old woman.'

you look flat on the hips and flat in the and an ounce of almond oil.

these new corsets. I was rewarded by seeing her trim and neat | white and quite clear.

your mind irrevocably set on all subjects. I changed her apparent age in a single to note the change which a good, smart an hour the old lady's skin began to take

\*Lift them at the corners and make them age. This afternoon my nephew called go at that. And when she began the result bow. Do this if you are 100, even though and asked me indirectly what disposition was something in the nature of a revelation

had made of my final estate. Oh, it is wful—this being an old woman."

"I began it with a cream which had no special name, but the formula for which should learn. The minute a woman gets slack in her ways she begins to walk badly.

The did woman."

"I began it with a cream which had no special name, but the formula for which should learn. The minute a woman gets slack in her ways she begins to walk badly. self to me and I will make you young. First of sweet smelling unguents. But simply You can't be a nice young looking | get a new pair of corsets. You are wearing | put together it was nothing more or less an old fashioned set of stays that make than a lump of white wax as big as a walnut

"When they were heated together we "'Get a new style, straight in front, small added a beaping teaspoon of white vaseline, in the waist, snug in the back and wide And then we stirred the whole to a cream in the hips. They are really wonderful, and took it off the fire, stirring in a few drops of geranium oil to make it sweet. "She did as I told her and in a little while | It formed into a delightful cream, almost

"This cream was applied by the handful, "Of course, all her clothing had to be literally by the handful, and left on for made over, as it was either too tight or some minutes. It was then washed off

sprightly and pretty. And now at 50 she looks and acts and is ten years younger. "To walk you did these things, and in so doing I abdomen in. Throw the chest out. Take long steps. Place the feet at right angles.

The old woman who wants to be young must learn all over again how to walk. And before she does this she must learn how to stand. Stand well and you will walk well is a pretty good rule.

To stand well your feet must be com-fortable. Few old women are able to stand well because they have aches and pains which make their feet ill at ease. Feet can be kept comfortable by rubbing them with vaseline every night. They can be kept comfortable by changing the shoes every day. Never wear the same pair of shoes all day long. If the shoes feel hard and stiff rub them with oil. Stockings should fit the feet. There are too many pairs of ill fitting stockings.

want to look young.

"There is a woman of my acquaintance who is easily 50 and looks now about 30. I changed her apparent age in a single month.

"I went to call upon her one sunny afternoon, when all the world was out having a good time. And to my sorrow I found her in tears. 'I look old,' said she, 'and people "For years she had not treated her skin."

"made over, as it was either too tight or too loose, and her skirts were either too light of the question of heels. As soon as a woman feels old and tired she begins to wear low hour the clad lady's skin began to take on a pink tinge. It had previously been brown and green and yellow.

"There is always a suggestion of litheurs and hour the old lady's skin began to take on a pink tinge. It had previously been brown and green and yellow.

"There is always a suggestion of litheurs and hour the old lady's skin began to take on a pink tinge. It had previously been brown and green and yellow.

"There is always a suggestion of litheurs and hour the class of the chase wilked on a pink tinge has been arranged there should come the chase of good height.

"There is a woman of my acquaintance with the shoen arranged

get a certain slender adroitness in the movements. They get a certain police. gait, a swiftness which is most attractive in the walker. There is one infallible rule for walking well. If you are slim, walk rapidly. Nothing is more poetic than the sight of a slim.

pretty girl gliding over the ground as fast as her feet will carry her. "There is always a suggestion of litheness